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Mission Statement

This informal association of psychologists aspires to the highest standards of professional care for individuals while also promoting professional development and quality of life through collegial support in a positive, fulfilling environment.

Commentary

As psychologists, we strive to give practical expression to intentional values which seek to benefit the individual, whether in a psychotherapy session or as a member in society. In choosing private practice as the setting for our work, there are challenges and rewards. The challenges can include outside pressures, economic concerns which undermine professional values and ethics, clients and/or caseloads which are stressful, and professional burn-out. The rewards can include the satisfaction of assisting others in the fulfillment of their goals, economic stability, a positive work environment, and establishment of deep, trusting collegial support.

This association will aim to remain conscious of the dynamic of the challenges and the rewards. We will remain committed to open, transparent communication to address stressors and tensions which occur intrapersonally or interpersonally.

It is our desire to practice in association with like-minded psychologists to support each other in pursuit of these shared goals:

1. For those that we serve as clients, this association will promote professional, ethical and quality care.
2. For us as psychologists, this association will promote individual growth and well-being through supportive relationships.

Both of these goals can be fostered through a commitment to a scientist-practitioner model of group practice that engages in the following types of activities: extended case consultation, shared continuing education, time together through team-building and casual activities,

commitment to engage in and/or support research within a private practice setting, and participation in community activities and education.

We recognize the role of Dr. Mathis, through *Office Support Systems, Inc.*, to manage the operations of the practice with conscientious management of expenses. As members, we recognize our commitment to provide economic support to research and staff. We also commit to support each other's personal and professional quality of life. We will periodically review and reinforce our shared values.

We will function under the shared name of *Middle Tennessee Psychology* with a website hosted at MidTNPsychology.com.

I have read the above statement of goals and mission. I agree to support the members of this association toward those ends:

Signature

Date